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CATCHER OF THE SHY

AVATAR WRITER TOOK YEARS TO RESEARCH 700-PAGE BOOK, DOCUMENTARY ABOUT LIFE OF AUTHOR J.D. SALINGER

PAGE 8

MUSEUM BLASTS OFF

The Manitoba Museum is opening the doors on a new exhibit today — a Magellan Aerospace Black Brant 5 rocket. This line of rockets, first designed and built in Manitoba more than 50 years ago, are single-use craft designed for studying space phenomena. "It's like our version of the museum's Nonsuch," said Scott Young, manager of science communications and visitor experiences (pictured), referring to the scientific and historical sides of the museum. JOHN TOWNS/FOR METRO

Polar bear no match for cellphone screen

Unprovoked. 'I was definitely very lucky:' Light startled bear enough for Churchill man to get away

Quoted

"The bear's nose was inches away from me. I didn't know where else to go. I was just (thinking), 'What can I do to get away from this bear?' That's all I kept thinking about. I didn't want to be a stat."

Garett Kolsun, Churchill resident

A man who used his cellphone to scare off a 180-kilogram polar bear says he's lucky to be alive with only a few superficial puncture wounds and scratches.

Garett Kolsun was walking home early Saturday morning in the Hudson Bay community of Churchill — known as the polar bear capital of the world — after celebrating the end of the workweek with friends. He said he caught something out of the corner of his eye while he walked down the Manitoba town's main drag.

"I turned and looked, and it was a polar bear charging towards me," Kolsun, 40, said in an interview Monday. "I started running from it, looking for some place to go and get away."

Businesses in the town of about 1,000 were all closed, so Kolsun had nowhere to hide.

"I stopped and I turned around to face the bear," he said. "It was already there, right on top of me."

Kolsun said he ended up trapped on the porch of a bakery with the bear. It pinned him against the door and swiped at him with his paw. The bear, which stood about one and a half metres tall, also sank his teeth into Kolsun's hip, although Kolsun says that, at the time, he didn't even realize the bear had punctured his skin.

Kolsun fished into his pocket, pulled out his phone, turned the power on and turned the screen toward the bear.

The lit screen startled the bear briefly and it took a step back, Kolsun said. It hit a flowerpot on the porch and looked away for an instant.

"When it turned its head, I just turned and ran as fast as I could."

Kolsun said he ran several blocks, looking for a home with its lights on. He saw some people sitting on a deck and ran to them. When he turned around, the polar bear was gone. He took a cab to the health centre where staff cleaned his wounds, bandaged them and gave him a tetanus shot. Kolsun said he has a newfound respect for the bears, which can run as fast as 40 kilometres an hour.

"Don't walk alone after dark, make sure you catch a ride or drive or go in a cab," he said. "Unfortunately, I learned the hard way." THE CANADIAN PRESS

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NEWS 1

Woman killed. City bus collides with cyclist

A 51-year-old Winnipeg woman is dead after a Transit bus hit her Sunday night while she was riding a bicycle.

The woman, whose name is not being released by police, was cycling at about 10:15 p.m. in the back lane between Magnus and Manitoba Avenues when she turned the wrong way into southbound traffic on McGregor Street and collided with a bus. She was taken to hospital in critical condition, but died shortly after from her injuries.

"Unfortunately upon initial investigation this woman was cycling along and, for whatever reason, inadvertently turned north into the southbound lanes and tragically the bus was right there," explained Const. Eric Hofley. JOHN TOWNS/FOR METRO

'Signature'. Developer needed for downtown Winnipeg hotel: Fielding

Time is tight for CentreVenture to ink a deal for the hotel development needed to help pay for the Winnipeg Convention Centre's $180 million expansion. About $15 million of the expansion is to come from property taxes generated by a "signature hotel" built where the Carlton Inn currently stands.

Work on the expansion has started, and committee member Coun. Scott Fielding said a deal needs to be struck soon for the hotel and convention centre to open together and for the financing to work out.

SHANE GIBSON/METRO

Report recommends downtown grocery store

Incentives? Report shows market exists for 10,000-square-foot store

A report that some councillors had expected to see tabled during Monday's downtown development committee meeting will call for a 10,000-square-foot grocery store in or around The Bay downtown — when it's finally made public.

CentreVenture's report, which has been delayed until the end of the month, also identifies challenges for a new grocery store, including the possibility incentives might be needed to make it a go.

"The report basically indicates that the margins for a new grocery operation are pretty tight," explained Tom Janzen, development manager with CentreVenture, who couldn't say what the incentives might look like. "If you read the report it indicates that there probably is a financial gap that is going to need to be addressed somehow."

Coun. Jenny Gerbasi said she'd like to see the Downtown Spirit bus rerouted to include a grocery store on its route. The committee is awaiting a report on the need for a downtown grocery store from CentreVenture. SHANE GIBSON/METRO

In the meantime, committee member Coun. Jenny Gerbasi (Fort Rouge-East Fort Garry) renewed calls to have the Downtown Spirit bus include a nearby grocery store on its route.

"People have thrown around different options, whether it's River and Osborne or Sargent, you know, different Safeway (locations) that would help some of the residents living downtown," said Gerbasi after the meeting.

"We can't snap our fingers and get a grocery store right now, but I think we need to be sure that council's … doing what we need to do to attract a grocery store downtown."

SHANE GIBSON/METRO

CentreVenture

'A need right now': Janzen

Last Friday, officials with Fortress Real Developments and MADY Development Corp. said their plans to build a multi-use skyscraper at the corner of Graham Avenue and Garry Street include a 25,000-square-foot grocery store.

But Tom Janzen with CentreVenture said Monday the proposed private building should not stop the city from courting a grocery retailer to set up shop near The Bay downtown.

"There's a need right now, and that Fortress Development might be a few years out," he told reporters. "What we need to do is still pursue a new grocer in the downtown; it's what the study indicates."

Wapusk National Park

Feds, province team up to protect polar bear dens

Parks Canada and the Manitoba government are teaming up to protect one of the world's biggest polar bear denning areas around Wapusk National Park near Churchill.

The feds and the province announced Monday that the two levels of government have signed a memorandum of understanding that covers both Wapusk and Riding Mountain National Park, which outlines how the federal and provincial departments will better work together to standardize rescue procedures for orphaned polar bears, wildlife management practices, and expanding scientific research opportunities, among other areas.

METRO

Transcona

Cops searching for 2 teens after gun allegedly pointed at young girls

Winnipeg police are on the lookout for a pair of teenage suspects after a white, older model truck slowed and a male passenger allegedly pointed a firearm out the window and yelled "bang, bang, bang" at two young girls in Transcona Saturday night.

Police are now looking for the driver of the vehicle, who is described as a 19-year-old male with short, dark hair and a skinny build, and the passenger, who is described as being 16 years old and skinny. Both are said to be Caucasian. JOHN TOWNS/FOR METRO

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Obama goes on media blitz to sell Syria strike to U.S.

Six TV interviews.
President will consider proposal for Assad to surrender chemical weapons, but still aims for congressional support

U.S. President Barack Obama conceded Monday night he might lose his fight for congressional support of a military strike against Syria, and declined to say what he would do if lawmakers reject his call to back retaliation for a chemical weapons attack last month.

The president sought to use a glimmer of a possible diplomatic solution — including vaguely encouraging statements by Russian and Syrian officials on Monday — as fresh reason for Congress to back his plan. Syria welcomed a proposal to turn over all of its chemical weapons to international control.

Obama said Syria's statement was a potentially positive development, but he voiced skepticism that the regime of President Bashar Assad would follow through.

He said it was yet another reason for lawmakers to give him the backing he is seeking. He spoke in a series of six television network interviews planned as part of a furious lobbying campaign aimed at winning support from dubious lawmakers and well as a war-weary public.

In this frame grab from video taken Sunday and provided by CBS This Morning, Syrian President Bashar Assad responds to a question from journalist Charlie Rose during an interview in Damascus. In the interview broadcasted Monday on CBS, Assad threatened to retaliate for any military strike launched in response to the alleged chemical weapons attack. THE ASSOCIATED PRESS

Speaking of Assad's government, Obama said the credible threat of a military strike led by the United States "has given them pause and makes them consider whether or not they could make this move" to surrender control of their chemical weapons stockpile.

"If we don't maintain and move forward with a credible threat of military pressure, I do not think we will actually get the kind of agreement I would like to see," Obama said on CNN.

THE ASSOCIATED PRESS

On the same page

The White House says President Barack Obama has spoken with Prime Minister Stephen Harper about chemical weapons use in Syria.

- Obama and Harper agreed there must be a strong international response to chemical weapons use to ensure that similar atrocities won't occur again.

Social media

Iran likes Facebook for its politicians, but not its citizens

Iran's curious world of online politics looked a bit more crowded Monday with members of President Hasan Rouhani's cabinet encouraged to open their own Facebook pages — in a country where authorities, at the same time, try to block the public from social media.

The initiative, reported by the pro-reform Shargh daily, is seen as part of Rouhani's efforts to give the presidency a makeover.

THE ASSOCIATED PRESS

Police. Estranged wife says George Zimmerman threatened her with a gun

The estranged wife of a former neighbourhood watchman acquitted in the shooting death of a black teenager called police officers Monday, saying her husband threatened her and her father with a gun.

Shellie Zimmerman called police shortly after 2 p.m. Monday, said police Chief Steve Bracknell. In the call, she said George Zimmerman punched her father in the nose, grabbed an iPad out of her hand and smashed it and threatened them both with a gun.

Shellie Zimmerman, who has filed for divorce, initially told an emergency dispatcher that her husband had his hand on his gun as he sat in his car outside the home. She said she was scared because she wasn't sure what Zimmerman was capable of doing. But hours later she changed her story and said she never saw a firearm, said Bracknell. THE ASSOCIATED PRESS

George Zimmerman
GETTY IMAGES FILE

Crown calls for harshest penalty since execution

Travis Baumgartner admitted to carrying out multiple homicides in his bid to steal hundreds of thousands of dollars. THE CANADIAN PRESS FILE

No parole for 40 years.
Ex-guard pleads guilty to killing three co-workers, attempting to kill fourth

Prosecutors say a former armoured-car guard who admits he gunned down four of his colleagues should get life in prison with no chance of parole for 40 years.

Such a penalty would be the first under a federal law enacted in 2011 that allows for consecutive sentences in multiple-murder cases.

Travis Baumgartner pleaded guilty Monday to one count of first-degree murder and two counts of second-degree murder in a plea bargain. He also admitted to attempted murder in the serious wounding of a fourth guard.

The Crown says there were many aggravating factors in the crime, including a betrayal of trust and the fact that Baumgartner "did it all for money."

The prosecution pointed out that it would be the harshest penalty in Canada since the last execution in 1962.

Baumgartner methodically shot his fellow guards in the head as they reloaded ATMs in June 2012.

A statement of facts entered in court said Baumgartner shot three of the guards as they had their backs to him, then returned to the waiting armoured truck and shot a fourth co-worker.

Court heard that Baumgartner owed family and friends money and had just bought a new truck.

"At least I don't have to pay for the truck anymore," he told an undercover police officer after his arrest. "No bills for me."

Search warrants revealed that his mother told officers she woke up the morning of the shooting to find $64,000 in cash in her home.

THE CANADIAN PRESS

Jeffrey Baldwin. Death of child a surreal horror story

Jeffrey Baldwin CONTRIBUTED

The first emergency crews to find the body of a Toronto boy are still deeply disturbed by the sight of his skeletal frame more than 10 years later, a coroner's inquest heard Monday.

But the boy's grandmother, his primary caregiver who had summoned them to the home with a nonchalant 911 call, treated his death as an annoyance, a pair of first responders told the inquest into Jeffrey Baldwin's death.

Four years after his grandparents got custody of Jeffrey and his three siblings, he died from complications of chronic starvation.

Elva Bottineau and Norman Kidman have already been convicted of second-degree murder. The coroner's inquest is exploring systemic issues.

The inquest heard a recording of the 911 call Bottineau placed.

"Apparently my grandson is not breathing right now," she says. THE CANADIAN PRESS

Long-term care

Group says mice found nibbling on patient's face

A health-care advocacy group says a dementia patient at a long-term-care home in Alberta is recovering after a staff member found mice nibbling at her face.

Friends of Medicare says it happened at St. Therese Villa in Lethbridge on Sept. 1.

"The lady was in fact bitten and now she's been medically treated for that," said Sandra Azocar, executive director of Friends of Medicare.

"I'm completely horrified. I think it's beyond words."

Staff first complained about mice about a year ago, Azocar said. She added the care centre also has had a bedbug infestation for months. THE CANADIAN PRESS

Rodman says he's going back to visit 'good guy' Kim

Game plan. Retired NBA star says the autocratic leader has asked him to train North Korean players for the 2016 Olympics

Former NBA basketball player Dennis Rodman speaks to the media in New York, Monday.
JOHN MINCHILLO/THE ASSOCIATED PRESS

Dennis Rodman is going back to North Korea, and bringing a team of former NBA players with him.

Days after returning from his second trip to visit Kim Jong Un — in which he said he became the first foreigner to hold the leader's newborn daughter — Rodman announced plans Monday to stage two exhibition games in North Korea in January.

The first will be Jan. 8 — Kim's birthday — with another to follow two days later.

Rodman insisted at the Manhattan news conference that Kim is a good person who wants to have better relations with the United States.

Though saying he didn't want to discuss politics, Rodman raised his voice when answering a questioner about Kim's human-rights record and portrayed himself as the person who could make outsiders see the young leader as different than his father and grandfather. "He has to do his job but he's a very good guy," Rodman said.

He talked around a question about American citizen and Christian missionary Kenneth Bae, who was arrested in November. Rodman said lobbying for the release of a prisoner wasn't his job, blaming U.S. President Barack Obama for not reaching out to ease tensions between the countries.

THE ASSOCIATED PRESS

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Weekly Transit News Update

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Hadfield touches down to launch new Ivey building

London, Ont. Business students benefit from some out-of-this-world advice as part of $110M complex's grand opening

SCOTT TAYLOR
Metro in London, Ont.

Cmdr. Chris Hadfield takes the stage Monday at Western University, urging a crowd of business students to be prepared for anything that comes their way. ANGELA MULLINS/METRO

The astronaut who became a star instilled Western University business students with a message of hope tempered with reality on Monday.

"Prepare for the worst," urged Cmdr. Chris Hadfield, considered by some to be Canada's greatest gift to space since the Canadarm. Back on earth after more than five months at the helm of the International Space Station (ISS), Hadfield was invited to Western as part of the school's unveiling of the $110-million Richard Ivey Building.

Hadfield noted how much the world has changed since the end of the Second World War, marvelling over the many "antagonistic countries" that worked together to build the ISS. "To think about that transition happening in less than a lifetime, of all of that hatred and misunderstanding and individual agendas, and now there's a mission control for the space station in Japan, one in Germany, one in Moscow, in Canada and the United States," he said.

Richard Ivey Building stats

- The Ivey Business School's new showpiece boasts three student lounges, 15 78-seat classrooms and five 50-seat classrooms. It also has enough exterior glass to cover 10 basketball courts.

Kryptonian currency. Mint unveils Superman coins

Superman fan Norman Antonio wears a costume as he attends the unveiling of the Royal Canadian Mint's Superman commemorative coins in Toronto on Monday. MICHELLE SIU/THE CANADIAN PRESS

Superman has received the Canadian royal treatment. The Royal Canadian Mint unveiled seven coins Monday, each depicting different moments in the superhero's history, in order to mark the character's 75th anniversary.

The coins also feature an engraved message reading "75 years of Superman" in the character's native language, Kryptonian. One of the coins depicts Superman flying above Metropolis with the famous Fortress of Solitude in the background.

The 14-karat gold coin sells for $750 and is supposed to be like the original design of Superman's Canadian co-creator, Joe Shuster. The other six coins have a price range from $29.75 to $129.75.

The designs include a 3-D hologram of Superman flying and an almost pure silver coin of Superman in his latest uniform. THE CANADIAN PRESS

Fly on by the boutique

- The coins can be purchased at mint.ca or at Mint boutiques, including the one in Winnipeg.

Las Vegas. Caesars bets on 55-storey ferris wheel

The madcap carnival on the Las Vegas Strip is getting another over-the-top addition: The world's largest ferris wheel. The outer wheel of the 55-storey High Roller ride was scheduled to be hoisted into place Monday. The gargantuan project is now visible from all over the city, including the airport. Early next year, it will be outfitted with 1,500 LED lights, and start its slow spin.

"It's going to be an icon," project director David Codiga said. "It's going to be a part of your visit to Las Vegas if you ride it or not. It's more or less impossible not to see it if you come here."

Caesars Entertainment Corp. is building the ride as part of its $550-million US Linq development, a new outdoor plaza across the street from Caesars Palace. The walking mall, sandwiched between the Flamingo and Harrah's hotel-casino, is expected to open this winter. It's designed to lure Gen Xers and millennials, demographics Caesars believes will contribute a majority of Sin City tourist dollars by 2015. THE ASSOCIATED PRESS

Retail

CPPIB, Ares to buy Neiman Marcus

A $6-billion US deal for American luxury retailer Neiman Marcus comes at a good time because the strengthening U.S. economy provides opportunities for growth, the Canada Pension Plan Investment Board said Monday after announcing it's partnering with private equity firm Ares Management to buy the Dallas-based company.

Neiman Marcus is one of the largest luxury retailers in the U.S., with 79 stores under the Neiman Marcus and other banners, including two Bergdorf Goodman locations in Manhattan. THE CANADIAN PRESS

Streaming

Xbox Music to be available for free

Microsoft is making its Xbox Music streaming service available for free on the web, even to those who don't use Windows 8. The expansion beyond Windows 8 devices and Xbox consoles is meant to bring new customers into the software giant's ecosystem of devices and services and could help it compete with other digital music services. THE ASSOCIATED PRESS

Benefits

EI premiums to be frozen for 3 years

Employers and workers will get a small break over the next three years as Ottawa freezes employment insurance premiums at the current level. Finance Department staff estimate the freeze will save businesses and workers $660 million next year. Minister Jim Flaherty says that gives employers room to hire more staff. THE CANADIAN PRESS

Market Minute

DOLLAR 96.40¢ (+0.33¢)

TSX 12,854.64 (+33.72)

OIL $109.52 US (-$1.01)

GOLD $1,386.70 US (+$0.20)

Natural gas: $3.61 US (+8¢)
Dow Jones: 15,063.12 (+140.62)

DON'T FALL FOR ALL DIGITAL DEALS

SHE SAYS

Jessica Napier
metronews.ca

I'm a sucker for a daily deal. If you tempt me with 62 per cent off a spa package or discounted eyelash extensions, there's a pretty good chance I'll punch in my credit card information.

Today, there are more than 300 group-buying websites worldwide offering an infinite number of ways to help you look, feel, eat and live better for less. At the best of times, these e-commerce portals have a lot to offer both merchants and consumers, helping retailers bring in new customers and providing thrifty folk a great opportunity to try out local businesses on the cheap.

However, I'm starting to find that I'm racking up my Visa card with high expectations only to feel let down when these discounted experiences don't exactly pan out.

Admittedly, sometimes it's my own fault. Promotional emails usually show up in my inbox before my morning coffee has kicked in which leads to impulsive purchases without any consideration of when I'll use the coupon or whether I actually have any interest in the product on offer. I mean, how many gallery wrapped canvas prints does one person really need?

These spontaneous buys often result in a subpar user experience. Overlooking the imminent expiry date on your gym pass can make it impossible to attend enough classes to make it worthwhile. And forgetting to read the fine print means you'll probably gloss over some important restrictions, such as those details stipulating your coupon for a romantic dinner for two is actually only valid between 5 p.m. and 6 p.m. on Mondays.

I know when I'm to blame when it comes to not getting the most out of my discounted purchases. But what happens when you do everything right and still wind up disappointed?

Last Christmas, my boyfriend received a voucher to test drive exotic cars at a nearby race track. Unfortunately, after dozens of phone calls and emails sent to the company that was offering the deal, it became apparent that scheduling a spot for him behind the wheel wasn't going to happen.

And this certainly isn't the only case of an online coupon gone sour. I know plenty of people who have had similar experiences with local merchants abruptly closing up shop or making it so difficult to book appointments that buyers are forced to just give up altogether.

Most sites offer refunds or credit for defunct deals, with the onus on the individual buyer to follow up and demand their money back. That said, I'm still waiting to hear back from a couple of companies regarding my own unsatisfactory experiences and am learning to be much more cautious when it comes to these bargain buys.

Because sometimes those frugal finds really are too good to be true.

Follow Jessica Napier on Twitter @MetroSheSays

ZOOM

Do you need a hand?

3D printing helps replace lost digits

Dylan Laas shows how his Robohand works.

Laas, who was born with Amniotic Band Syndrome, got his hand from South African carpenter Richard van As, who lost four fingers to a circular saw two years ago and started work on building the Robohand after seeing a video posted online of a mechanical hand made for a costume in a theatre production. Since then, van As has fitted Robohands on about 170 people, from toddlers to adults.

THE ASSOCIATED PRESS

DENIS FARRELL/THE ASSOCIATED PRESS

The motivation

"After my accident, I was in pain ... Sometimes you have to chop fingers off to start thinking."

Richard van As, Robohand creator

The details

- It's made from cables, screws, 3D printing and thermoplastic. It uses the rotation of a joint to enable five plastic digits to grasp.
- It costs $500 to make.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

Bandcamp is an online music store that allows customers to buy music directly from the artists, usually for only a few bucks and with an added bonus of being able to preview albums in full. Here are some Canadian artists to check out.

COURTESY BANDCAMP

How Sad:
Despite the weather trending toward the chilly, How Sad fits in perfectly with the two groups mentioned below as sunny day soundtrack while taking care of the synthpop side of things. Let's hope fall co-operates enough to provide us with a few nice afternoons to enjoy them with. (howsad.bandcamp.com)

Sean Nicolas Savage:
An obnoxiously prolific Montrealer who is equally at home writing breezy summer ballads and electro oddities. Flamingo is about as pleasant as an album gets. (seannicholassavage.bandcamp.com)

Grounders:
A beautifully handled collision of psychedelia, surf guitar and earworm pop, this Toronto band's debut EP is an absolute gimme. (grounders.bandcamp.com)

Twitter

TODAY!

@metropicks asked: Bitcoin kiosks that exchange cash for digital money will come to Canada. Will you be converting?

@Canucklehead_ca: To bitcoins? No way - people should hold off for my 'Lincoins' kiosk which will dispense IOUs. (As good as money.) INVEST

@BrookeBoser: Anyone use these?

@zimer77: Too new and people will decide.... I will not convert!

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

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SCENE 2

Researcher among the shy

Salinger. Armageddon and Avatar writer Shane Salerno took years to find the info he needed for doc about famous author

MATT PRIGGE
Metro World News in New York

J.D. Salinger, left, after the Normandy invasion with his fellow counterintelligence officers. THE ASSOCIATED PRESS

Like many who toil in Hollywood, Shane Salerno had a passion project on the side. While writing for NYPD Blue and getting credits on the likes of Armageddon (he's also James Cameron's co-writer on one of the Avatar sequels), Salerno laboured hard on a look into the unknown (or at least under-known) private life of the most famously private writer of all: J.D. Salinger. The fruits of his labours are now available, namely a documentary and a 700-page book, both called simply Salinger. (And for the record, his favourite Salinger works are the Nine Stories members A Perfect Day for Bananafish and For Esmé — With Love and Squalor.)

Was this always intended to be a non-fiction project?
Initially I wanted to make it as a feature with Daniel Day-Lewis playing Salinger. But I knew how fanatical he was about research. Over the course of all this research I realized it's a documentary. The people I needed to talk to were in their 80s and 90s — this had to go now. And I just started filing them. About six months into the documentary I realized there was no way this story could be told only as a two hour film. That's when the book became important.

Do you view the movie as a gateway attraction for the book, which is bigger and more comprehensive than the two hour film?
I view them as one combined project. They work independently of each other. The book has a ton of material the film doesn't have, and the film has a ton of things the book just can't do — specific cinematic things. The book is about his life and has an enormous amount on his work. The film is about his life with a psychological portrait of his work.

Were some of the people hard to convince to take part?
Sure. In the case of Jean Miller — this was a woman who was 14 when she met Salinger, 19 when their relationship ended, who had a hundred letters from him and had never told her story anywhere. Not only did she talk to us, she gave us all of Salinger's letters to her. They start in '49 and go all the way to 1954, when she's in college, and he's sending her telegrams saying can you come up this weekend? These letters provided this unprecedented look at Salinger.

Did Miller require a lot of coaxing?
I wouldn't say coaxing. She wanted to make sure this was a serious endeavour, and one that would tell her story and Salinger's story honestly. She definitely put us through a hardcore vetting process.

Ultimately how did you wind up convincing her?
I think it was just time. At that point we were eight years in, seven years in, and she had seen the work. And remember if we wanted to do something cheap and exploitive we would have slapped this thing out in 2010, right after he passed away. We had a done film, ready to go when he passed away. There was a lot of pressure to do that. I just knew there was this other material. Because we waited we got things like the only photo of him writing during the war.

Shane Salerno is finally enjoying the fruits of his labour. GETTY IMAGES

Were there myths you wanted to debunk?
That he was a recluse. There was nothing reclusive about J.D. Salinger. Howard Hughes was a recluse. Recluses don't call The New York Times and grant spontaneous interviews. They don't see a 17- year-old girl on the cover of The New York Times Magazine and want to meet her and pursue her. That's another contradiction — he took his picture off of The Catcher in the Rye. That's what I was most interested in — those contradictions.

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Thandie Newton

Newton pregnant with child number three

Thandie Newton is going to be a mom once again. The actress is reportedly pregnant with her third child with her husband, writer-director Ol Parker, according to Us Weekly. Newton and Parker have been married for 15 years and are already parents to daughters Ripley, 12, and Nico, 8. "She couldn't be more happy. You can barely tell she has a bump and she's been dressing different because of it," a source says.

METRO DISH
OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

McKellan plays priest as Stewart has fun getting hitched

PAT HEALY
Metro World News in Boston

Patrick Stewart is off the market. The former Star Trek captain married Sunny Ozell this weekend, with good friend Ian McKellan officiating the wedding. Always a fan of frivolous fun, the X-Men star announced his marriage by posting a photo to Twitter of himself and Ozell buried neck-deep in a ball pit with the caption, "Yes, married." McKellan also took to Twitter to announce the event, posting a photo of himself with his Doctor of Divinity certificate and a T-shirt with the word "minister" emblazoned on it. "I did my part," he wrote.

Christina Aguilera. ALL PHOTOS GETTY IMAGES

Motherhood puts Aguilera back in good shape

Christina Aguilera has wowed onlookers by getting back into fantastic shape recently, but she insists regular trips to the gym have not been part of the equation. "If I can squeeze in a workout, great. If not, that's OK, too," she tells Maxim magazine. Her secret? Trying to keep up with five-year-old son Max. "Running around with him all day is pretty good exercise," she insists.

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Is there a 'bigorexic' man skulking around your gym?

Fitness. Even without the drug abuse attached to excessive bodybuilding, there can be some serious dangers

LINDA CLARKE
Metro World News

When is big too big, or even dangerously big? That's the question some health experts are asking about excessive bodybuilding. Nicknamed bigorexia, obsessive muscle mass bulking can damage mental and physical well being, especially when it involves dangerous drug use.

"Bigorexia is the term we're using for men who are using substances like anabolic steroids and testosterone to get bigger and bigger," says Dr. Damon Raskin, a board-certified internist with a specialty in men's health. "The danger with taking supplemental testosterone is that it shuts off the body's ability to make it. Depression is a common side effect; it can damage the liver too, as can anabolic steroids."

Similar to anorexia, bigorexia often affects teens who are prone to insecurity or unsure of their physical identity.

"They see these athletes and hear about them using enhancement drugs, and they think it's OK," says Raskin, who says the issue is "becoming a big problem."

He says efforts to educate people about the disorder need to start in schools, and early. And a healthy home life helps too.

"The person who is susceptible is someone who perhaps has a stressful home environment, low self-esteem, or been rejected by a girl or boy."

Warning signs that parents and friends can watch out for include increased aggression and overdoing it on diet and exercise.

"If you see rapid physical changes and someone develops massive biceps in four to six weeks, that's not normal," says Dr. Raskin.

As with any drug dependency and psychological disorder, it's important to seek professional help.

"It's necessary to get psychotherapy to find the underlying problems and treat them," Raskin advises. "Then, we work to balance out hormones. Over time, taking these drugs can cause lasting physical damage, but if caught early enough an endocrinologist can usually reverse any problems."

Supplements

No drugs, no problem?

- **Not true.** Even bigorexics who don't use drugs to help build muscle mass are prone to health problems from excessive exercise and eating too many high-protein foods, like meat, eggs and supplements.

Working out is OK, just don't get obsessive about it. ISTOCK

Best Health

Getting your levels just right

BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

In the September issue of Best Health, regular columnist Dr. Susan Biali, a medical doctor, advises that women need to get enough of certain key nutrients. Many women are unaware that they may be low in these. While it's always best to get nutrients from whole foods, sometimes supplements are necessary.

Iron
Many women who are low in iron feel vaguely tired and foggy-brained, and aren't aware that their iron stores are low. Too much iron can be toxic, though.

Magnesium
If you crave chocolate, it could be that your body needs magnesium, which is found in cocoa and other foods. The mineral helps nerves, muscles and the heart to function properly, supports the immune system and strengthens bones.

Folate
Most women know extra folate is needed during pregnancy, or if you are trying to conceive. But low folate can also affect your mood. It helps synthesize feel-good serotonin.

Vitamin D
Supplements are critical for those living in the world's northern climates, such as Canada's. That's because we have less sunlight during the year than countries farther south. Low D levels are now being linked to everything from breast cancer to heart disease. You can get your blood level of vitamin D tested, and ask your doctor for his or her opinion.

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Make sure your kid isn't the Biggest Loser

Health education. Bob Harper, trainer on the weight-loss show, tells Metro how to get your children thinking and acting healthy

MEREDITH ENGEL
Metro World News

Our children "are sponges," says Bob Harper, trainer on NBC's The Biggest Loser, in that they absorb the behaviours they witness in their parents.

Make sure you're sending out the right signals when it comes to your child's health with these tips from Harper, which he provided at Saturday's U.S. Open.

Bob Harper, trainer on NBC's The Biggest Loser. CONTRIBUTED

Set the example

"You can't just tell your kids to go out and play when you've come home from a long day (and sit in front of the TV). I get it. We are all busy, but if you have children you have a responsibility to those children and their future. I think that the only way that real change can happen is when parents get involved," he says.

Encourage play

"My mission is to get (kids) playing whatever sport they want to be playing," he says. "The last thing I would want to see is a child in a gym on a treadmill or something like that. … If you're the active parent and you've found something that really works for you, it might not work for your children. Find something that they like to do — that is going to get them active and that's what will keep them going and want to do it more."

Don't keep score

"I don't really like to introduce the competitive element in any kind of sport activity with kids in the beginning," he says. Instead, make the games just about fun. "I think it sets a better tone in the beginning of that camaraderie, that love of whatever sport it is. Hopefully it's going to ignite something in them. Bring in the competition later."

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Reasons Mommy Drinks: Because you hit her with a block and she can't swear

RICHARD CROUSE
Metro World News

Reasons Mommy Drinks, the new book by Lyranda Martin Evans and Fiona Stevenson could have been subtitled What to Expect After You've Been Expecting.

"We really felt like this was the ultimate baby shower gift," said Martin Evans, a five foot seven inch blond with a keen wit and infectious laugh. "Both of us got a lot of doom and gloom books, so when we were writing we thought we wanted to do a baby shower gift book you can read and actually laugh with."

The book is a mom's eye view to surviving the first 18 months of parenting written chronologically from the baby shower to when the little ones are finally starting to walk and talk.

The book is part advice, part bartender's guide that offers up a coping mechanism that comes with a twist — a lemon twist.

Each of the parenting challenges — dealing with nap time, in-laws or the first haircut — is paired with mock or cocktail. The daycare chapter, for instance, is matched with the Day Care Defense, a fruity rum drink they say will "numb your guilt, kill germs and boost your immune system."

Martin Evans and Stevenson met in high school and bonded over a love of writing and performing comedy.

"In the 10th grade, we co-wrote and performed our first standup comedy show — a Full House/Beverly Hills 90210 mash-up — and, in doing so, discovered we had amazing creative chemistry, and a similar comedic voice," says Stevenson, a bright-eyed brunette with a ballerina build and an infectious smile.

Those shared interests fuelled their friendship through university.

Fiona Stevenson, left, and Lyranda Martin Evans, authors of Reasons Mommy Drinks. GUSTAVO GONZALEZ

"After graduating from Queen's and embarking on full-time careers in marketing and advertising, we looked for new ways to join forces creatively. We did the Second City conservatory program together, co-produced sold-out musical variety shows for charity and founded a sketch comedy troupe called Math is Hard."

Two years ago when the friends found themselves pregnant at the same time, Martin Evans says they looked for a way to use their "creative writing skills and do something we enjoy." After some thought they gave birth to reasonsmommydrinks.com.

"Like all working moms, we are time starved and want to maximize our time with our families," Stevenson says. "Our long history of creative collaboration and shared work ethic makes us an incredibly productive team. It's amazing what we can accomplish in a two-hour power writing session during nap time.

"We wanted to give a voice to the new generation of moms — accomplished, ambitious women who, as they transition to their new role as parents, want to do the absolute best for their new baby in every possible way, without completely losing themselves in the process. To a time-starved, sleep-deprived new mom, it can feel like an impossible task at times, and we discovered there's a lot of comedic gold in that daily struggle."

The blog was an instant hit. "Parents immediately got the joke behind the title," says Stevenson. Voted best blog from Toronto Mom Now, it inspired them to think beyond the internet.

"The book is about the first year-and-a-half, which I found really hard," Martin Evans says. "I did not have the kid who went to sleep. You see those mothers who have that perfect kid who sleeps all the time, wakes up happy. I didn't have that kid. Neither did Fiona. We had high maintenance kids.

"But all the things that, at the time were frustrating are now really funny. Tragedy plus time equals comedy."

Martin Evans says the tone of the book is tongue-in-cheek, but she hopes parents — or even single people, who she says can, "use it as a birth control reminder" — will read the book and realize that they are not alone.

"I think different women will take away different things from the book," Martin Evans says. "The overarching theme, the best thing you can take away from it is, we're all in this together and it is so worth it. The very last drink in the book is the Kool Aid. It's like, drink the Kool Aid. It's worth it."

Mushrooms give salad an earthy twist

Ingredients

- 4 eggs, at room temperature
- 2 tbsp (25 ml) olive oil
- 1 cup (250 ml) halved PC Little Gems Golden Potatoes
- 1 pkg (100 g) shiitake mushrooms, stems discarded and caps cut in quarters
- 1/2 tsp (2 ml) salt
- 1/4 tsp (1 ml) freshly ground black pepper
- 2 tsp (10 ml) Dijon mustard
- 2 tsp (10 ml) white wine vinegar
- 1/4 cup (50 ml) olive oil
- 1 tub (142 g) PC Organics Mixed Field Greens Salad Mix
- 1/2 cup (125 ml) thinly sliced red onion
- 1/4 cup (50 ml) chopped fresh parsley

1. Bring pot of water to a rolling boil. Gently add eggs, reduce heat to medium and boil for 6 minutes. Drain. Cover with cold water and let stand for 2 minutes. Remove eggs from water; set aside.

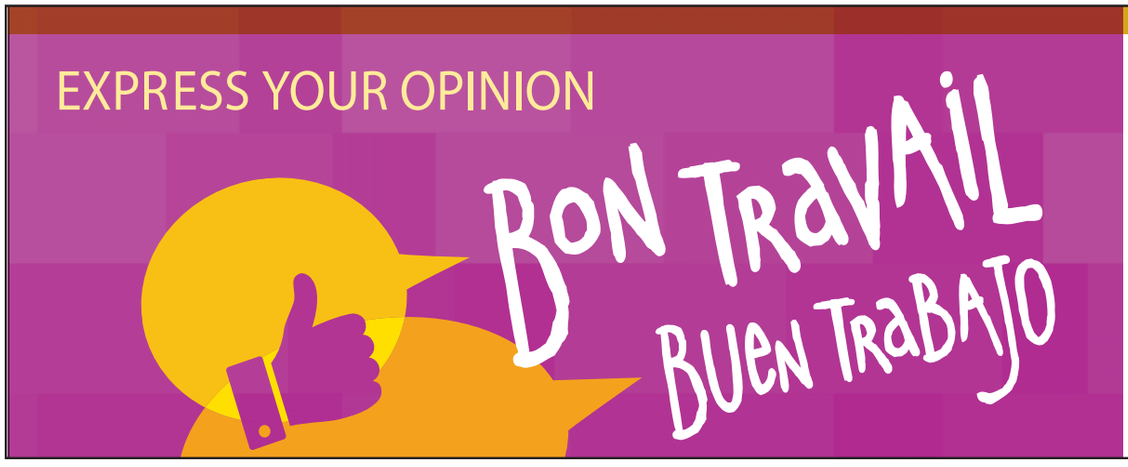
2. In frying pan, heat 2 tbsp (25 ml) oil over medium heat. Add potatoes; cover and cook 8 minutes, stirring, or until browned and cooked through. Add mushrooms; cover and cook 6 minutes or until mushrooms release juices and start to brown. Season mixture with 1/4 tsp (1 ml) of the salt and 1/8 tsp (0.5 ml) of the pepper.

3. In bowl, whisk mustard and vinegar. Whisk in 1/4 cup (50 ml) olive oil, remaining 1/4 tsp (1 ml) salt and remaining 1/8 tsp (0.5 ml) pepper.

4. In large bowl, toss field greens, red onion, potato-mushroom mixture, and vinaigrette. Transfer to serving platter. Carefully peel eggs; cut in half lengthwise and arrange on top of salad. Serve sprinkled with parsley. **PRESIDENT'S CHOICE**

This recipe serves six as a side salad. CONTRIBUTED

EXPRESS YOUR OPINION



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Cash should play an important role in your financial plan. ISTOCK

Put your money where the cash is

YOUR MONEY
Alison Griffiths
money@metronews.ca

I've previously written that the key to successful saving and investing was having a balance between equities (stocks), bonds and cash.

Several readers questioned the need for cash in a portfolio. Yes, interest rates are paltry, and likely to continue for some time, but during stock market turbulence any kind of positive return can be a lifesaver.

Cash plays four important roles in a financial plan.

1. Cash provides ballast

That's how my old friend Eric Kirzner professor of finance at the Rotman School of Business refers to the role of cash for investors. When the market takes a dive, this stolid holding is still there providing a return.

In fact, there have been many times over the past 20 years when cash has performed better than equities. We all remember the stock market carnage of 2008 and 2009 — cash was king during those years. It was also the winning investment in 1981, 1987, 1990, 2001 and 2002.

2. Cash equals opportunity

Those with cash can swoop in and buy when the stock market swoons. Too often investors flee for the sidelines after a market crash. But the savvy folk use cash to buy good quality stocks at a bargain. Don't we all wish we'd done that in 2008 and 2009?

3. Cash is a rebalancing tool

Top money managers tell me that up to 60 per cent of the profit they generate comes from the process of returning a portfolio to its original allocation of equities, bonds and cash.

Having cash allows investors to tweak their portfolios and put more money into asset classes that are sagging.

This vital housekeeping discipline keeps a portfolio healthy, but without cash investors are forced to sell bonds or equities in order to rebalance.

4. Cash is an emergency saviour

When the car is kaput or the roof leaks, cash will bail you out. Emergency cash should be kept in a savings or Tax Free Savings Account for ready access. It's far better to have cash sitting there earning one per cent than be forced to pay four to 29 per cent on lines of credit or credit cards. It isn't sexy but cash is absolutely the most useful saving and investing tool.

Contact Alison at griffiths.alison@gmail.com or alisongriffiths.ca

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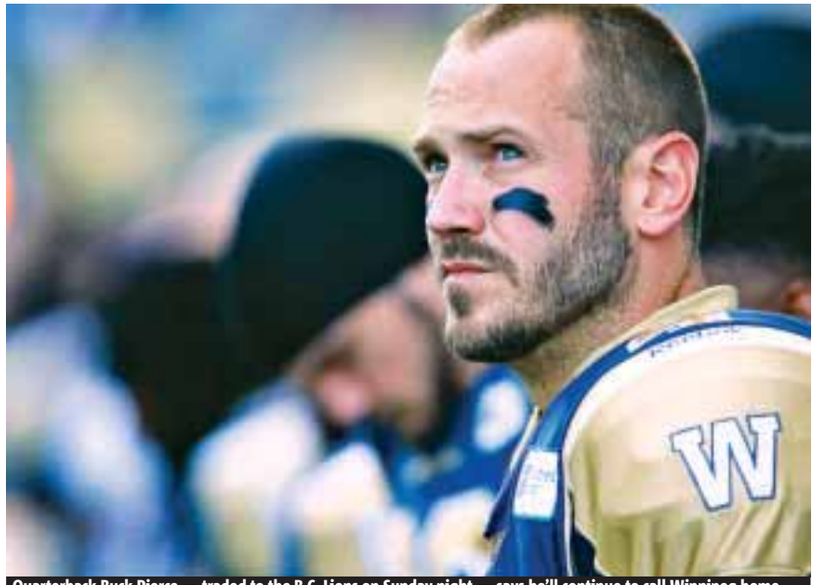
Another pro chance, just not in the 'Peg

CFL. Pierce isn't saying goodbye to Winnipeg despite joining Lions



Quarterback Buck Pierce — traded to the B.C. Lions on Sunday night — says he'll continue to call Winnipeg home.
JOHN WOODS/THE CANADIAN PRESS

Buck Pierce says he's being given another chance to play the game he loves with the B.C. Lions, but it still hurts to leave the Blue Bombers and his adopted home of Winnipeg.

Pierce, who spent 3 1/2 seasons with the Bombers, was traded to the Lions on Sunday for Canadian receiver Akeem Foster.

"I was sad at first, because I know what this place and this community means to me, and all the friendships on and off the field, outside these walls as well," Pierce said Monday in a gracious farewell.

"That's the first emotion."

Despite the trade, Pierce said he won't really be leaving Winnipeg, where his fiancée lives and where he has business interests.

"It's a place that I want to be. I will be here in the off-season," he said. "I will call it home and hopefully, some day in the future, I can be back in some aspect of the (Bombers) organization."

His time in Winnipeg, like his previous tenure with the Lions in Vancouver, was marred by injury.

Pierce's best season was 2011, when he led the Bombers to the Grey Cup game, where Winnipeg dropped a 34-23 decision to the Lions.

The next season was a major disappointment as he spent most of it on the injury list.

After wrestling with the issue in the off-season, the Bombers opened 2013 with Pierce as their starter. But after managing only one win, he was hurt and replaced in the second half of the fourth game by Justin Goltz.

Goltz and Max Hall have started since, with Pierce seeing action only as a backup.

Hall really only played one game, injuring his hand on his first series in the second he started.

Goltz too has struggled.

Despite his feelings about Winnipeg, Pierce said he is glad to get another chance to be useful on a football field.

"I'm given an opportunity to go and still use my talents to help a team achieve their goal and I think as an athlete that's what you want and that's what being a pro is all about," he said.

Pierce, who turns 32 in November, played with the Lions from 2005 to 2009 and says he knows their offence well, since many of the same coaches are still in place.

"My role, as I see it right now, is to come and help, help Travis (Lulay), help the offence and add some depth," he said.

THE CANADIAN PRESS

Buono set to deal

"Are we gonna stop (trying) to improve ourselves? No. We are looking at bringing in other players."
Lions general manager Wally Buono

Bombers-Argos trade

The Toronto Argonauts traded offensive lineman Marc Parenteau to the Winnipeg Blue Bombers for running back Anthony Woodson on Monday.

- The deal involving two Canadian players includes a swap of draft picks, with Toronto sending its third-round selection in 2014 to Winnipeg for the Bombers' fifth-round pick.

NHL

Flames' Kipper calls it a career

Calgary Flames goaltender Miikka Kiprusoff announced his retirement Monday.

The 36-year-old spent the last nine seasons with the Flames, including the club's memorable run to the 2004 Stanley Cup final.

Kiprusoff holds team records for wins (305), games played (576) and shutouts (41). THE CANADIAN PRESS

Lance Armstrong

IOC wants bronze medal returned

The IOC wants Lance Armstrong to hand back his Olympic medal.

IOC vice-president Thomas Bach says Armstrong and the U.S. Olympic Committee had been asked to return the bronze medal that the American won at the 2000 Olympics in Sydney.

Armstrong was stripped of his seven Tour de France titles and banned for life from elite sports. The IOC also stripped him of his bronze medal.
THE ASSOCIATED PRESS

NFL

Fan dead after fall from overpass

NFL opening day excitement was tarnished with the death of one fan who fell from a pedestrian overpass outside the big game in San Francisco, and injuries to two others from falls inside the Indianapolis stadium.

Early indications suggest 32-year-old Kevin Hayes of Hayward fell accidentally, San Francisco Police Chief Greg Suhr said.
THE ASSOCIATED PRESS

Nadal outshines Djokovic for 13th major title

Rafael Nadal beat Novak Djokovic in the U.S. Open final on Monday.
MATTHEW STOCKMAN/GETTY IMAGES

Hard to believe this is the same Rafael Nadal who was home during the U.S. Open a year ago, nursing a bad left knee.

Hard to believe this is the guy sent packing in the first round of Wimbledon in June, losing against someone ranked 135th.

Looking fit as can be and maybe even better than ever, the No. 2-ranked Nadal pulled away from No. 1 Novak Djokovic 6-2, 3-6, 6-4, 6-1 on Monday in a taut, tense U.S. Open final for his 13th Grand Slam title.

"Very, very emotional, no?" Nadal said during the on-court trophy presentation. "Probably only my team knows how much (this) means for me."

They started in sunlight and finished at night, a three-hour, 21-minute miniseries of cliffhangers and plot twists and a pair of protagonists who inspired standing ovations in the middle of games.

There was no quit in either of them, during points that lasted 15, 25, even more than 50 strokes.

"Probably nobody brings my game to the limit like Novak," said Nadal.

This was their 37th match against each other, the most between any two men in the Open era, and Nadal has won 22. It also was their third head-to-head U.S. Open final in the last four years. Nadal beat Djokovic for the 2010 title, and Djokovic won their rematch in 2011.

They know each other's games so well, and play such similar hustle-to-every-ball styles, but in the end, it was Nadal who was superior.

"He was too good. He definitely deserved to win this match today and this trophy," Djokovic said.
THE ASSOCIATED PRESS

Horoscopes

♈ Aries
March 21 - April 20
A social invitation will come your way and you should snap it up. Life is too short to waste on things of no importance, including working for other people on projects you have no real attachment to.

♉ Taurus
April 21 - May 21
Recent struggles may have you down but there are still plenty of reasons to be cheerful. Life is full of joys and wonders — all you have to do is open your eyes and heart.

♊ Gemini
May 22 - June 21
You may be reluctant to start something new because you sense it is going to be tougher than you expected. You're right, it will. But if you give up now, you will regret it later.

♋ Cancer
June 22 - July 23
You sometimes find it hard to look on the positive side of life but over the next few days you will discover no end of reasons to smile. Remember: You are not a victim and life is what you choose to make of it.

♌ Leo
July 24 - Aug. 23
It seems you have an urgent need to feel accepted by people you work with. That could lead to you doing things that are not in your long-term interests. The best way to impress people is to be yourself.

♍ Virgo
Aug. 24 - Sept. 23
Why are you attaching so much importance to things that are not worth worrying about? You need to snap out of it and get your mind back on track — the one that leads to your dream.

♎ Libra
Sept. 24 - Oct. 23
What others say can't be done, you will do just for the fun of it. If you focus your energy in one direction, you'll achieve something that amazes.

♏ Scorpio
Oct. 24 - Nov. 22
Don't worry too much if your temper gets the better of you and you snap at someone you love. Your solar chart indicates that by this time tomorrow you will be best buddies again.

♐ Sagittarius
Nov. 23 - Dec. 21
Try to focus on an activity that involves you on every level — mental, physical, emotional. If you put everything you've got into what you do today, the results will be spectacular and highly profitable too.

♑ Capricorn
Dec. 22 - Jan. 20
Anything of a creative nature will go well over the next few days, so give yourself permission to dream and let your inner compass guide you in the right direction.

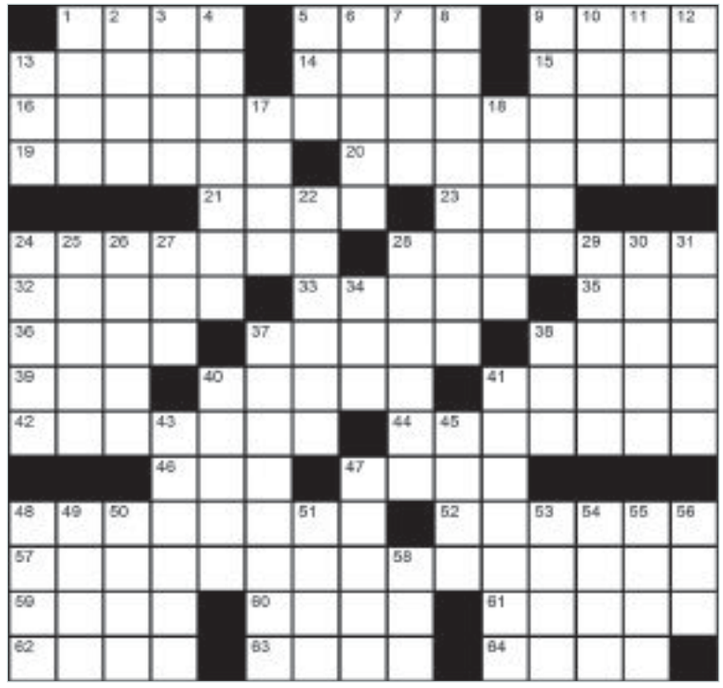
♒ Aquarius
Jan. 21 - Feb. 19
Force yourself to enjoy what you have to do today, even if it isn't your first choice or your second. It will go better than expected and you can reward yourself by indulging in what you do enjoy this evening.

♓ Pisces
Feb. 20 - March 20
Go somewhere you have never been before. Do something you have never done before. The planets suggest you can afford to be adventurous. In fact, you will regret it later if you stay too close to home now. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



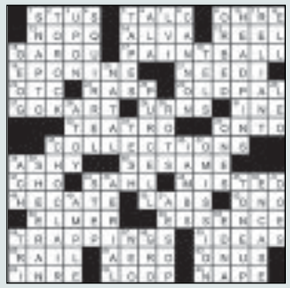
Across

1. Etna extraction
5. Outline
9. Be in need of Gold Bond
13. Not-leaving prisoner
14. Berry found in the Amazon Rainforest
15. Intl. alliance created in 1949
16. People on Blackberrys, for instance: 2 wds.
19. Run off the track
20. Herman __ (Novelist of Moby-Dick; or, The Whale)
21. Certain
23. South: French
24. Coleslaw's content
28. Discharge
32. The Hunter constellation
33. __ Kea (Site of observatories in Hawaii)
35. The Pacific __
36. Prefix meaning 'Self'
37. Teachers of yore
38. Like an owl
39. Some radios, e.g.
40. Fashion mag
41. Cut
42. Cushy barn section
44. Most times
46. Cartoon fight sound effect!
47. "I'm Yours" singer Jason
48. Passage-hindering war tactic
52. Acadian dish of grated potatoes, __ Pie
57. Medieval-inspired futuristic cartoon series of yore in Canada: 3 wds.
59. Entr'__ (Theatrical interlude)
60. Stretched tight
61. Effort to achieve a goal
62. Filmed a movie
63. The Beatles' Pepper, et al.
64. Guesses [abbr.]

Down

1. Green hue
2. Way over yonder
3. Waitress on "Alice"
4. Craftsperson
5. "Well, __-di-dah!"
6. Green Day's "When _ __ Around"
7. Pony's pride
8. They measure television viewership
9. Newsmagazine show, "__ Edition"
10. Unit of weight in China
11. Keyboard key
12. Outdoor tap hookup
13. John Lennon's unintended acronym
17. Socket's insertee
18. Droplet-looking throat part
22. Outfit the boat with a new sail-support, say
24. Sports team leader
25. Popular island retreat
26. Itsy-__
27. Scarer's sound!
28. "__ Has It" by Adele
29. Princess in "The Little Mermaid" (1989)
30. __ rug
31. Manicure board
34. Get weapons
37. Canadian brothers band, The __
38. "Huh...?"
40. "Twistin' the Night Away" by Sam __
41. Leonard Cohen song title lady
43. Necklace's storing-little-things piece
45. Wrapped garment
47. "You know you gotta help __ ___..." - The Killers
48. Arm: French
49. __ Ness Monster
50. Eight: Prefix
51. Burden
53. Greek letters
54. Station
55. Promissory notes
56. Mr. Asner's
58. "Holding Out for a Hero" singer ...her initials-sharers

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

9			3	7				1
	6					8	3	
	8			1	2			4
					6			8
		5				4		
7			5					
3			2	9			4	
	9	1					2	
6				5	1			9

Yesterday's Sudoku

9	6	8	4	7	3	5	2	1
2	7	4	6	1	5	3	9	8
3	1	5	2	8	9	4	7	6
4	3	1	8	9	2	7	6	5
5	8	9	3	6	7	1	4	2
6	2	7	1	5	4	9	8	3
8	9	6	5	4	1	2	3	7
7	5	2	9	3	8	6	1	4
1	4	3	7	2	6	8	5	9

Weather

TODAY	WEDNESDAY	THURSDAY
MAX: 25° MIN: -10°	MAX: 21° MIN: 8°	MAX: 16° MIN: 7°

BT BREAKFAST TELEVISION

JENNA KHAN
WEATHER SPECIALIST
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